

PGL- 2022-Basic list of items to take:

Nightclothes

7 changes of underwear

At least three thick jumpers or fleeces

At least three pairs of old joggers/leggings

shorts (additional to joggers/leggings)- but not too short or tight

Several t-shirts

At least three pairs of trainers (they may get spoiled)

Walking boots

Slippers- optional

minimum of 3 face masks

swimsuit- no bikinis or tankinis

swim shoes if you have them

1st class stamp for postcard

Labelled strong bin liners for wet clothes

Plastic bottles for drinks (marked clearly with name)

A sleeping bag

Pillow and pillow case

Wash bag (No aerosol deodorants)

3 x towels- one large, 1 small and 1 beach towel for water activities

Small drawstring bag

Torch

sun tan lotion- named

after sun lotion- named

insect repellent cream- named- after bite cream

sun hats- cap style

medication - hayfever, travel sickness etc

tissues

waterproof coat

Teddy bear

Please make sure that every item of clothing is named and that your child packs with you, it makes packing to come home so much easier as they know what belongs to them.

No mobile phones OR electrical equipment please- including hairdryers!

No food/sweets/drinks to be taken

No jewellery or valuables

A named disposable camera can be brought (maximum two)

A book, comic, cards or games for quiet time

One packet of biscuits - to be handed in to the group leader before leaving for PGL

Pocket Money: Maximum £15 in coins to be in a named purse and handed to the group leader before leaving for PGL.

We strongly advise that you pack old clothes only-no favourites! The older, the better

Please bear in mind your child will have to carry their own luggage!

Items marked in blue may not be needed or may change depending on the weather and allocated activities.