



Coulston Church of England Primary School

Bradmore Green

Old Coulston

Surrey. CR5 1ED

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Head Teacher: Mr Paul Garratty B.Ed (Hons); MA

Dear Parents and Carers,

18th June 2026

RSE Curriculum – Year 4

As part of the RSE National Curriculum, the children will be learning about the process of changes which their bodies will go through in the next few years as they enter puberty. Over the coming weeks, during their PSHE / RSE lessons, children in Year 4 will be learning about the physical differences between child and adult bodies and the different changes that happen to males and females. The discussion will also include personal hygiene.

If you have any questions or wish to discuss what is being covered, please do not hesitate to contact me.

Yours faithfully,

Lauren Pullin

PSHE & RSE Lead

