

Coulsdon C of E Primary School

Dear Parents & Carers,

6th October 2021

Year 4 Healthy Snacks Friday 8th October

On Friday this week, we will be making and eating the following healthy snacks in class:

Hummus with vegetable sticks

Fruit kebabs

Fruit smoothies (with soya milk)

Strawberry cheesecake crackers (crackers, cream cheese, strawberries, honey)

Vegetable kebabs (pepper, corn, tomatoes, cucumber)

Granola bars (vegan and nut-free)

If your child has any allergies or dietary intolerances which you have not already made the school aware of, please let us know as soon as possible.

Thank you for your support.

Mrs K Wyatt