



Coulston Church of England Primary School

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Dear Families,

3rd September 2026

At Coulston C of E Primary School, we are committed to making sure every child feels safe, supported, and valued. As part of this, we want to ensure we are identifying and helping young carers within our school community. A young carer is a child or young person under 18 who helps to look after a family member who may have, for example:

- a physical or learning disability
- a long-term illness or medical condition
- a mental health condition.

Young carers may take on a range of responsibilities, such as helping with household chores, giving emotional support, helping a sibling with additional needs, or reminding a family member to take medication.

We know that being a young carer can be something a child takes great pride in, however, it can sometimes affect their wellbeing, attendance, or schoolwork. At Coulston C of E, we want to make sure that any child who has caring responsibilities is well supported by the school and work closely with families to help ensure the very best outcomes for the child and family.

If you think your child may be a young carer, or if you would like to talk to us more about your child's role at home, please contact the school office. All conversations will be treated confidentially. Identifying our young carers helps us understand their needs and put the right support in place.

Regards,

Mr P Garratty

Head Teacher

