

WEEKLY MENU

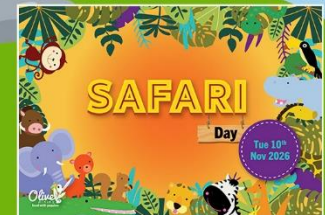
WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	Smokey BBQ Chicken	Super Swirl Beefy Pasta (G/W)	Butcher's Sausage & Gravy (SU, G/W)	BBQ Chicken & Sweetcorn Pizza (MK, G/W)	Captain's Crispy Fish Fingers or Salmon Fishcake & Chips (F, G/W)
VEGGIE 	Smokey BBQ Pulled Jackfruit	Super Swirl Veggie Pasta (G/W)	Veggie Sausage & Gravy (G/W)	Cheesy Tomato Pizza (MK, G/W)	Vegan Nuggets & Chips (G/W)
SIDES 	Steamed Rice with Sweetcorn & Green Beans	Carrots & Broccoli	Mashed Potato & Carrots (MK)	Homemade Potato Wedges & Baked Beans	Baked Beans or Peas
PASTA & JACKET 	Jacket Potato with a Choice of Fillings (E, F, MK)	Jacket Potato with a Choice of Fillings (E, F, MK)	Jacket Potato with a Choice of Fillings (E, F, MK)	Jacket Potato with a Choice of Fillings (E, F, MK)	Jacket Potato with a Choice of Fillings (E, F, MK)
PUD 	Banana Bonanza Sponge & Creamy Custard (E, MK, SO*, G/W)	Golden Pear Crumble with Custard (MK, G/B*, O, W)	Vanilla Shortbread (G/W)	Chocolate Mousse (MK, SO*)	Vanilla Sponge with Chocolate Sauce (E, MK, SO*, G/W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

THEME DAYS



DATES

31 AUG / 21 SEP
12 OCT / 09 NOV / 30 NOV

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Beef Ragu Topped Mac & Cheese
(MK, G/W)

Mild Chicken Tikka Masala
(MK, G/B*, O*, R*, W*)

Lightly Spiced Chicken

Hot Dog
(CE, SE*, SO*, SU, G/W)

Pepperoni Pizza
(CE*, E*, MK, MU*, SO*, G/W)

S

VEGGIE



Roasted Butternut Squash
Topped Mac & Cheese
(MK, G/W)

Mild Vegetable Tikka
Masala
(MK, G/B*, O*, R*, W*)

Lightly Spiced 'Plant
Based' Chickn

Veggie Hot Dog
(SE*, SO*, G/W)

Margherita Pizza
(MK, G/W)

S

S

V

SIDES



Peas & Sweetcorn

Steamed Rice with Carrots
& Green Beans

Paprika Diced Potatoes &
Sweetcorn

Homemade Potato Wedges
& Baked Beans

Homemade Potato
Wedges & Baked Beans

V S

V S

V S

V S

V S

PASTA & JACKET



Jacket Potato with a
Choice of Fillings
(E, F, MK)

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Choice of Fillings
(E, F, MK)

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Choice of Fillings
(E, F, MK)

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of Fillings
(E, F, MK)

Jacket Potato with a
Choice of Fillings
(E, F, MK)

PUD



Apple Sponge & Custard
(E, MK, SO*, G/W)

Chocolate Shortbread
Biscuit
(G/W)

Banana Cake with Coconut
Sauce
(E, MK, SO*, G/W)

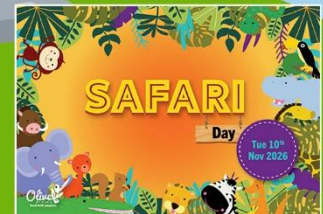
Jam Sponge with Custard
(E, MK, SO*, SU, G/W)

Cool School Ice Cream
(MK)

S

V

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

07 SEP / 28 SEP
19 OCT / 16 NOV / 07 DEC

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MONDAY

TUESDAY

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THURSDAY

FRIDAY

THEME DAYS

MAIN



Sticky Chicken Pasta Bake
(CE, G/W)

Cowboy Beef Chilli
(CE)

Homemade Chicken
Sausage Roll with Gravy
(E, G/W)

Jerk Chicken Curry
(CE)

Crispy Catch Fish & Chips
(F, G/B*, W)

S

S

VEGGIE



Sticky Veggie Pasta
Surprise
(CE, G/W)

Tex Mex Mild Veggie Chilli
(CE)

Roasted Vegetable & Lentil
Filo Parcel with Homemade
Tomato Sauce
(G/W)

Jerk Vegetable Curry
(CE, G/B*, O*, R*, W*)

Cheesy Pizza & Chips
(MK, G/W)

V S

V S

V

SIDES



Broccoli

Steamed Rice & Broccoli

New Potatoes & Carrots

Rice & Peas
(CE)

Baked Beans or Peas

V S

V S

V S

V S

V

PASTA & JACKET



Jacket Potato with a
Choice of Fillings
(E, F, MK)

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(E, F, MK)

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(E, F, MK)

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(E, F, MK)

PUD



Winter Berry Cake
(E, MK, SO*, G/W)

Syrup Sponge with Custard
(E, MK, SO*, G/W)

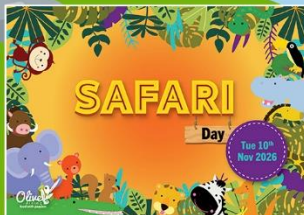
Oaty Crunch Cookie
(MK*, G/B*, O, W)

Mixed Berry Crumble with
Custard
(MK, G/W)

Chocolate Cake &
Custard
(E, MK, SO*, G/W)

S

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

14 SEP / 05 OCT
02 NOV / 23 NOV / 14 DEC

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