

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



BBQ Chicken

Beef Burger
(SE*, SO, SU, G/W)

Roast Chicken & Gravy

Spaghetti Beef Bolognese
(G/W)

Fish Fingers Or Salmon
Fishcake & Chips
(F, G/W)

VEGGIE



BBQ Vegetables

Vegetable Burger
(SE*, G/W)

Roasted Vegetable Filo
Parcel with Homemade
Tomato Sauce
(G/W)

Roasted Vegetable
Bolognese & Spaghetti
(G/W)

Cheese & Tomato
Pinwheel
(MK, G/W)

V

SIDES



Steamed Rice & Stir Fried
Greens

Homemade Potato Wedges
with Baked Beans or Green
Salad

Rustic Roast Potatoes with
Roasted Carrots & Parsnips

Mixed Green Salad &
Coleslaw
(E)

Beans or Peas

V

V S

V

PASTA & JACKET



Jacket & Salad

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Jacket & Salad

PUD



Syrup Sponge & Custard
(E, MK, SO*, G/W)

Fruit Jelly

Winter Fruit Crumble with
Custard
(MK, G/B*, O, W)

Orange Syrup Sponge With
Vanilla Sauce
(E, MK, SO*, G/W)

Ice Cream with Fresh
Fruit
(MK)

V

S

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

DATES

10TH NOV
1ST DEC

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

Olive
dining
food with passion

