

Help families in your  
local community!  
Meet new people!  
Learn new skills!

# Home Start

Support and friendship  
for families

Croydon

## Volunteers Needed

Free training course provided

Do you understand the difficulties and stresses of being a parent?

Could you spare a few hours a week to support a family?

**Home-Start Croydon** is a charity that provides a unique service for families by training volunteers to support parents with children under 5



If you'd like to find out more...

call Louise on 020 8667 0207

email at [louise@croydon-homestart.co.uk](mailto:louise@croydon-homestart.co.uk)

[www.croydon-homestart.co.uk](http://www.croydon-homestart.co.uk)



1-8 Ramsey Court, 122 Church Street, Croydon,



Charity No 1107857  
Company No 5179158

### What do Home-Start do?

- We provide free practical and emotional support to families in their own home
- Work with families that have a child or children under 5
- Parent volunteers support other parents struggling to cope with family life.
- Encourage involvement with the wider community.
- Help parents feel more confident in their parenting