



CROYDON HEALTH AND WELLBEING SPACE

IN PARTNERSHIP WITH





About the Service:

The Croydon Health & Wellbeing Space is a new community mental health service dedicated to providing better access to mental health services and support for people who have not previously engaged with support, including BME communities.

The CH&WS will bring together non-clinical staff (Support Workers) and clinical staff (psychologist and registered mental health nurse) in a hub designed to provide both clinical and social care support.

We provide short term support, helping build resilience; and provide advice, information, and signpost people to the right services.

Who can access the service?

If you are aged 18 and over, registered with a GP in central Croydon and you would like support with your mental wellbeing or benefit from accessing social care services, support workers at the Space can help you.

How can I access the service?

Service Users can self-present at the Space (without a need for referral) during the service core opening hours. Or alternatively, service users can be formally referred by Central Croydon Mental Health clinical teams.



Our services:

- 1 Mental health and wellbeing support
- 2 Housing
- 3 Welfare benefits
- 4 Financial advice
- 5 Education
- 6 Employment
- 7 Physical Health

Opening hours:

Monday to Saturday
10:00 to 18:00

(last appointment 16:45)

Sundays 11:00 to 17:00

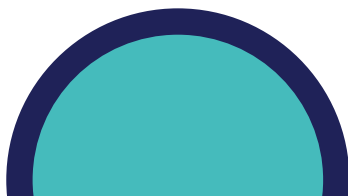
(last appointment 15:45)

Bank Holidays: closed



We aim to:

- Focus on what matters to you
- Support you to stay well and live independently
- Find the appropriate services
- Offer a person-centred approach that will help you achieve your goals



Contact Information:

Croydon Health and Wellbeing Space
First Floor, Unit 1101-1102
Whitgift Centre
21 N End, Croydon CR0 1UY
Next to Holland & Barrett

- ☎ Tel: 0203 154 9539
- ✉ info@croydonhws.co.uk
- 🌐 www.croydonhws.co.uk
- 📍 [croydonhws/](https://www.google.com/maps/place/Croydon+Health+and+Wellbeing+Space)

Transport

The following bus services stop nearby:

50, 60, 64, 75, 109, 119, 154,
166, 194, 197, 198, 250, 264, 312,
403, 405, 407, 410, 412, 455, 466
and 468

Tram

Services operate from:
New Addington, Elmers
End, Beckenham Junction
and Wimbledon.
Please use the Wellesley
Road stop for
Whitgift Centre

